

B. A. Yoga (course structure -2022-2023)**(Semester –I)**

	Subject Name	Code	Proposed Credit	Category	Internal marks	External Mark	Total Marks
1	General English OR व्यावहारिक मराठी	BAE-21111 BAM-101	4	Ability Enhancement	40	60	100
2	Yoga Philosophy(Part I)	YC-1011	4	Core	40	60	100
3	Anatomy(Part-I)	YCG-1011	2	Core	40	60	100
4	Yoga Practical- Part-1	YC- 1021	6	Core	50	100	150
5	Modern India- India's Struggle for Freedom (Part-I) Introduction to Sociology OR Introduction to Political Sciences (Part-I)	HCG-101 SCG-101 OR PCG-101	4	Generic Elective	40	60	100
	Total		20		210	340	550

(Semester-II)

	Subject Name	Code	Proposed Credit	Category	Internal marks	External Mark	Total Marks
1	Yoga Practical- Part -II	YC-2021	6	Core	50	100	150
2	Yoga Philosophy(Part-II)	YC-2011	4	Core	40	60	100
3	Anatomy(Part-II)	YCG-2011	2	Core	40	60	100
4	Environment	BA-201	4	Core	40	60	100
5	Modern India – Political Economic and Social Ethos (Part-II) OR Introduction to Sociology OR Introduction to Political Science	HCG-201 OR SCG-201 OR PCG-201	4	Generic Elective	40	60	100
	Total		20		210	340	550

(Semester-III)

	Subject Name	Code	Proposed Credit	Category	Internal marks	External Mark	Total Marks
1	Basics of Computer	BS-21311	4	Skill Enhancement	40	60	100
2	Yoga Philosophy (Part-III)	YC-3011	4	Core	40	60	100
3	Anatomy(Part-III)	YCG-3021	2	Core	40	60	100
4	Yoga Practical(Part III)	YC-3031	6	Core	50	100	150
5	Book Review –(Part-1) (Lokmanya B.G.Tilak The Visionary) OR Marathi (Part -1) Lokmanya Tilakanche Arthashatra)	BEG-20311 OR BMG-21311	4	Generic Elective	40	60	100
	Total		20		210	340	550

(Semester-IV)

	Subject Name	Code	Proposed Credit	Category	Internal marks	External Mark	Total Marks
1	Ethics	BS-21411	4	Skill Enhancement	40	60	100
2	Yoga Philosophy (Part-III)	YC-4011	4	Core	40	60	100
3	Anatomy(Part IV)	YCG-4021	4	Core	40	60	100
4	Yoga Practical(Part IV)	YC-4031	6	Core	50	100	150
5	Book Review (Part-II) Lokmanya Tilak and The Mass Media OR Marathi (Part-II) Swarajya, Lokanche Lokmanya	BEG-20411 OR BMG-21411	4	Generic Elective	40	60	100
	Total		20		210	340	550

(Semester-V)

	Subject Name	Code	Proposed Credit	Category	Internal marks	External Mark	Total Marks
1	Yoga Philosophy(Part-V)	YC-5011	4	Core	40	60	100
2	Anatomy(Part-V)	YCG-5021	2	Core	40	60	100
3	Applied Yoga – I	YC-5031	4	Discipline Specific Elective	40	60	100
4	Yoga Practical(Part – V)	YC-5041	6	Core	50	100	140
5	Study of Specific Social Problems (Part-I)	BADSE 506	4	Discipline Elective	40	60	100
	Total		20		210	340	550

(Semester-VI)

	Subject Name	Code	Proposed Credit	Category	Internal marks	External Mark	Total Marks
1	Yoga Philosophy (Part-VI)	YC-6011	4	Core	40	60	100
2	Anatomy(Part-VI)	YCG-6021	2	Core	40	60	100
3	Applied Yoga - II	YC-6031	4	Discipline Specific Elective	40	60	100
4	Yoga Practical(Part VI)	YC-6041	6	Core	50	100	150
5	Study of Specific Social Problems (Part-II)	BADSE 606	4	Discipline Elective	40	60	100
	Total		20		210	340	550

Total credit point	120
Total Internal Marks	1260
Total External Marks	2040
Total Marks	3300

